

**Sermon Notes – “The Assurance of Victory Over Temptation, Part I”**  
**(November 6, 2022)**

**Sermon Text:** I Corinthians 10:1-13 & Luke 22:31-34

**Memory Verse:** *“No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out, so that you can stand up under it.”*  
(Chapter 3) **I Corinthians 10:13**

**Introduction:** For Jesus and his disciples, the devil and his temptation of human beings were **real obstacles** to a life of faith and obedience to God. We would do well to take them seriously. The witness of the faithful can inspire us in our battles against temptation.

**Focus Question:** *In what ways do I experience temptation in my life?*

**I. Temptation – A Common Problem**

- *“No temptation has seized you except what is common to man.”* (I Cor. 10:13)
- Israel in the desert was beset by difficult temptations. (I Cor. 10:7-10)
- Jesus worried how his disciples would respond facing temptation. (Luke 22:31)

**II. Forms of Temptation** (I John 2:15-16)

- **Physical** – Our physical bodies **crave** pleasure. (“Lust of the flesh”)
- **Mental** – Our minds are the **source** of our cravings. (“Lust of the eyes”)
- **Spiritual** – Making **ourselves** the center of the universe. (“Pride of life”)

**III. Resisting Temptation**

- **Trust** – God is faithful; he won’t trap you in a “doom loop.”
- **Promise** – God will provide a way out.
- **Prayer** – Jesus’s No. 1 “Go-To” strategy for resisting temptation.

**Faith Challenge:** *Make a list of the two or three temptations you find most challenging to resist in your life. During your daily quiet time with God, pray about each of these temptations. Ask God to help you find the **resolve** and **strength** to withstand and overcome each of these temptations.*